

Roath News



Michaelmas / Harvest 2018

Free but donations always welcome

THE PARISH OF ROATH, CARDIFF

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PCC Minutes Secretary:	Mrs Anita White Tel 02920 491340
Roath Church House bookings	RCH Booking Secretary Mrs Anna Mason Tel: 07720641653
Parish Website:	www.roath.org.uk

The Clergy are always available to minister to the sick and dying. Please inform the clergy of sickness. Holy Communion may be received at home by those who are unable to come to church.

*The Parish Surgery is open on Mondays (except Bank Holidays) between 6.00.p.m. and 7.00.p.m. in Roath Church House to arrange **Baptisms and Weddings**. (Contact no. 20487854).*

Confessions and the Sacrament of Healing by arrangement.

Copy date for the next magazine (Remembrance / Advent) is 22nd October

From the Vicar of Roath, the Reverend Canon Stewart Lisk

My dear Friends,

We recently were on holiday in France travelling in Brittany. The Vendée and the Loire Valley. One special feature of many of the towns we visited were the weekly markets which were set up on particular days of the week in the central squares of the settlements. We were very impressed with the wide range of fruit and vegetables as well as local specialities. Seafood and fish, pâtés and cold meats and of course a colourful and pungent selection of cheeses! (We also noted how expensive some things were, for example 1kg of new potatoes for three euros, three times dearer than a market here!)

As we strolled around those markets I recalled a family holiday I had with my parents in 1979. We were touring the eastern European country of Romania. There in Moldavia, Transylvania and even Bucharest, the capital, markets were very different. Yes there were the many stalls but instead of being laden with produce, there were meagre piles of a few cabbage leaves and the ends of carrots which we would have thrown away. The prices were high and the queues long. The people were very glum, unlike the 'joie de vivre' of our French neighbours. It was the height of the Communist regime of President Ceausescu and although Romania was a productive country, things had gone very wrong in the economy and agriculture of that impoverished nation. We should never take for granted what we have in our country in such great abundance.

As we celebrate Harvest Thanksgiving we remember that from earliest times people went to market to buy their food, particularly in towns and cities. However, as we are reminded in the Book of Deuteronomy, the farmer was encouraged to take the first fruits of his harvest to the priest to give thanks to God for what has grown. His hard work on the land is rewarded by a good crop for himself, his family and those who will buy from him, but as one of our modern harvest hymns reminds us 'Only God can make things grow'.

Scientists and horticulturalists may have a different view but we believe that God's creation includes the generous provision of food for our use.

We should also remember at Harvest time that not everyone is as fortunate as us. As well as giving thanks, we should also engage in giving. We must share what we have whether it is donating to the homeless hostels or contributing to charities who help farmers in developing countries improve their harvests 'All things come of thee and of thine own do we give thee,' we still say in the Prayer book services.

May God bless all his children with a joyful and abundant harvest.

With every good wish and blessing.



"You can do very little with faith, but you can do nothing without it"

Samuel Butler, novelist, Notebooks (1912)

<https://www.brainyquote.com>



A Harvest Moon



NEWS FROM THE LYCHGATE



It is meteorological autumn now apparently, so the weathermen and weather women tell us. Certainly a change of season is in the air, as people return from their summer breaks. Soon the church will be full again, the choir and Gary at full stretch, the Sunday School coming in to delight us and our Vicar and Curate in tandem. Oh yes, and eggs will once again be available!

The children will have returned to school in their new classes and with new teachers. We wish all of them a happy year. (The teachers as well as the children!). Many have taken exams this summer. We mention Lydia Lisk who has done well in her GCSEs, and also Millie and Seren granddaughters of Penny and Geoff Moore who have also gained good GCSEs. Congratulations to all who have crossed this hurdle. Many in the congregation remember taking GCSEs; still older members remember “O Levels” and even “Metric”. A “Rite of Passage experienced by many of us.

While talking of success in schooldays you will be interested in knowing that Sophie Lisk has had great success in the Athletics field. She is currently Welsh Champion for under 13 girls for Combined Events (hurdles, shot and high jump). Sophie is also Welsh Indoor and Outdoor 70cm Hurdles Champion for under 13 girls, Welsh Indoor Champion for High Jump and has broken the School County records for Hurdles, High Jump and Shot. We all send our congratulations to her on these fine achievements.

Anna’s Rescue Centre which helps homeless animals in Cardiff held a Summer Fayre and Fun Day in August. An excellent sum of £1246 was raised for this important local charity.

While on the subject of fund raising Mal Rowson reports on the following outreach collections:

Lent Boxes (USPG) £170, Sea Sunday (Mission to Seamen) £56, John Woodward 60th Anniversary Celebrations realized £282 for St Margaret's and £282 for the Huggard Centre. Also Gary's concert with his friends raised £440 for St Margaret's and £440 for the Believe Charity. Thanks to all who contributed to these creditable sums.

Talking of Gary, he surprised us all in June by taking part in a Triathlon. He is not just a pretty face with a formidable musical talent! Gary Mullins our organist and choirmaster was sponsored to run, swim and cycle on June 24th on behalf of Mind, a charity which helps people who have depression and anxiety. He was delighted to have raised £1435, and we all applaud his efforts. He says of himself "I was just pleased to have survived". Very well done, Gary.

We remember those people in our congregation who have been unwell. Joan Hamilton Jones has been in hospital and will be especially remembered by members of St Margaret's who are old "Aber" students. We also send kind regards to Howard Gough who has been ill and not able to come to church. We also have not mentioned, in these notes, Karen Lisk who has been recovering from an operation. Karen, as you will know, leads our lovely Sunday School. It has been a trying time for the Lisk family as they have had to move out of the Vicarage (which needs essential repairs) and are now residing in St John's Vicarage in town. (So if the Vicar is out of breath it's because he has jogged from St Anne's Square!).

It is welcome to see Frank Hyett back in the choir, with his wife Jan, in the congregation. Helena Hyett has had a spell in hospital but is now at home and getting better. The Wednesday congregation were pleased to have her back among us.

Birthday Greetings are lovingly sent to Barbara Moore who is a loyal 8 o'clocker. She is now 80 years of age and Father Rhys presented her with flowers.

A little boy of almost one was baptized Zachary on the 1st of July. And another nice little boy was baptized Albie David Matthew in St Margaret's on the 26th August. We welcome these children into our family of the church.

Sally reports that St Margaret's will be hosting two open days and these are on Saturday 15th September 12:30pm – 5:30pm and Sunday 16th September 2pm -5:30pm. There will be various stalls where you will be able to purchase tomatoes, apples & runner beans also flowers and plants, jam/marmalade, bric a brac. Also there will also be a guided tour on each day presented by Jean Margaret Rose on Sunday and Diane Walker on Saturday. Also refreshments of tea/coffee and cakes will be provided on each day. Please come along and support these days. If you would to help in anyway such as setting up or helping on any stall please contact Pat Hyett on 029 20 471247. The money raised for these 2 days will be in aid of St Margaret's and the organ fund.

That is all from us both for now.



God Bless you all
Julia & Sally



St Edwards Notes Michaelmas 2018

CONGRATULATIONS

To those who have had success in exams of any kind, especially to our young people and those who passed GCSE's. As the new terms start, we wish them all luck for the next stage, also to You Jin, who played at the Eucharist recently, who starts a course of study at the Royal Welsh College of Music and Drama. Well done and good luck to you all.

THANK YOU's To everyone who sponsored Sue and Ann, who completed the 6k Memory Walk on Coopers Field in aid of the Alzheimer's Society. So far they have raised nearly £300, and have the benefit of matched funding from Barclays Bank Plc for some of the funds collected.

WELCOME BACK To everyone who has been on holiday.

FOOD BANK Contributions to the Food Bank are always welcome, please use the 'trug' at the back of the church.

LOOKING AHEAD

Now September is here all the regular groups who practise and perform at St Edwards are in full swing. **Coffee Concerts** started on the 15th, and lots more. See the newsletter for details, its online as well as in church at

<http://www.roath.org.uk/StEdward/Newsletter/newsletter.pdf>

ST EDWARD'S MUSIC & ARTS FESTIVAL.

Festival Art Exhibition: works by Lacrimosa Lacrimosa. 12 Oct. 7.30pm. Clarinets & CAFE (Flute Ensemble). 16 Oct. 7pm. Weeping Tudor Productions.

17 Oct. 7.45pm. Cardiff & Vale Symphonic Brass.

19 Oct. 7.30pm. Opera in Situ.

20-21 Oct. Made in Roath "Widening Access" Exhibition.

20 Oct. 11am. Coffee Concert.

20 Oct. 7.30pm. Baroque Music & Dance (at Roath Church House).

21 Oct. 3pm. Cardiff Friendly Strings.

NOVEMBER

Our annual Remembrance Services on Sunday 11th November will have a particular significance this year, and there are plans to commemorate this 100th anniversary. Details will soon be in the newsletter and on-line.

What is the Daily Sparkle?

The Daily Sparkle is a reminiscence newspaper specially developed to provide daily stimulation, interest, enjoyment and fun for older people and people living with dementia. It is a daily newspaper which is about the world many older people live in, a world which *we* see as the past, but which is often *their* experience of reality. The articles trigger memories of times when they often felt happier. The Daily Sparkle helps older people feel good about themselves. The Daily Sparkle evokes feelings of happiness and enhanced self-esteem. It also provides the perfect opportunity for interpersonal engagement. With its short, easy-to-digest articles, older people enjoy sharing their precious memories with others, paving the way to building relationships with staff and other residents.

Find out more at

<https://www.dailysparkle.co.uk/what-we-do/>

ST EDWARD'S NOTES TEN YEARS AGO.....

Summer 2008 welcome to Marja, who joined us for evensong on her first day in the Parish and spoke at our Eucharist last week. We are looking forward to getting to know you.

MENDELSSOHN'S ST PAUL the choir gave an inspiring performance and special thanks are due to Gary who accompanied us on the piano and Lucian Goble in singing the title role.

Autumn 2008 Rewiring fundraising. Our target is £14,000 (required to bring the electrical wiring in St Edward's up to the standard required to meet modern specifications). So far the following has been raised:

<i>Line of coins (with more to come):</i>	<i>£370.30</i>
<i>Concerts:</i>	<i>£192.45</i>
<i>Other donations</i>	<i><u>£170.00</u></i>
<i>Total</i>	<i><u>£732.75</u></i>

Tue 14th October 7.30pm. Patronal Sung Eucharist, with guest preacher: Rev Bill Barlow. We are looking forward to welcoming Bill back to St Edward's as he was with us in the 1970's.

Times 19th September 2018

BISHOPS ANCIENT and MODERN

Some clergymen are comfortable with modern technology. The Bishop of Portsmouth, for instance, showing as much enthusiasm for tablets as Moses, likes to read his speeches in the Lords from an iPad. Other are a bit more traditional. Apologising for his "neanderthal" IT skills as he gave a presentation at a cathedral conference yesterday, the Bishop of Chelmsford said, "I am to Powerpoint what King Herod was to childminding".

Life in Cardiff

Just after Christmas last year, I moved from Warwickshire to a street in Penylan. Or possibly Roath – the postal address suggests the former but it feels more like the latter. On a Monday evening a couple of weeks later, I was at St Edwards for the first time, playing the trombone in Julian Martin's jazz workshop. I had just retired from thirty-seven years as a classroom Music teacher. When I was a student, the trombone had been my main study, but for most of my working life mine had languished in the loft. I was rusty, and new to jazz as well as to retirement, but Julian is a patient and stimulating teacher and his class has become a highlight of the week.

Not long afterwards, I came to a service at St Edwards for the first time – Evensong. We were not many in the congregation, but we heard the music of Tye, Victoria and Gibbons, which is hard to beat. I was, and am, very pleased to have found a friendly church within a few minutes' walk, where the worship is familiar and led by a capable and ambitious choir.

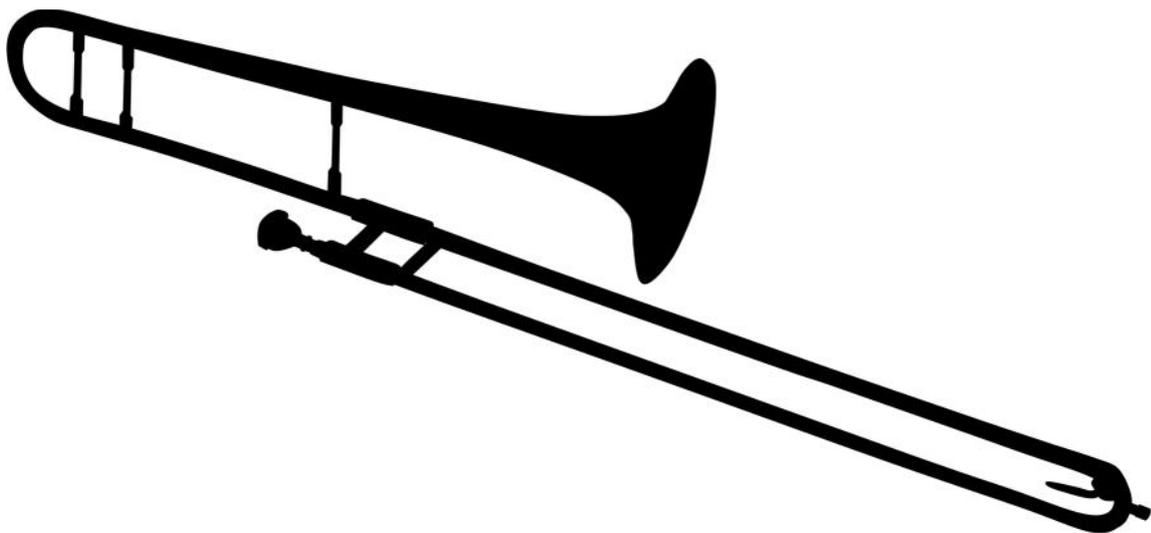
Since then, I have been an occasional worshipper. The principal reason for my not being a regular one is that, on Sunday mornings, I am usually singing in the Cathedral Choir at Llandaff. The Choir, which suffered serious disruption three years ago, has made huge progress in the last two years under Stephen Moore, and is now something the Cathedral can be proud of. You will soon be able to buy to buy a CD of Advent and Christmas music, sung by the choir, which we recorded in the Cathedral, in the sweltering heat of July!

This was exactly the sort of thing I had been hoping to do, when I stopped teaching. I had not, however, expected to find myself playing second trombone in a '70s funk band. As I write, I am recovering from a performance that The Funky Love Posse gave in Roath Church House, last night. I was recruited to the band by Mary Madhavi, a local yoga teacher, in a

conversation at the end of the first class that I attended. She set the band up ten years ago to give people with disabilities, carers and other musicians the opportunity to perform. All the money they raise at gigs goes to support a charity called YogaMobility.org, which provides yoga-based classes for people with physical and mental disabilities; one of these classes takes place in Roath Church House on Wednesday evenings. Mary is very persuasive so, as well as playing with the Posse, I now volunteer at Yoga Mobility classes. I didn't see that coming, either, when I was dreaming of retirement in a Northamptonshire classroom.

When I arrived in Cardiff, its appeal lay in family connections and the nearness of the mountains and the sea. Things have moved on. The Funky Love Posse usually rehearses on Sunday evenings but, because we had a gig yesterday, we have been given the night off. So I am going to Evensong at St Edwards again and this time, I shall be singing in the choir.

Peter Marshall



Notes from the North number 33

July 7th. WAS a wonderful day!!! The weather could have been a couple of degrees cooler, but what a surprise to see so many of our friends and families.

Because Bob and Pat were with us, plus his mobile phone, YOU WERE THERE TOO!!!. And as his phone was on, it also allowed you to hear Kath's grand-daughter, Thalia sing, and the bells too (I was not ringing at the time). None of the 'locals' had OUR phones on, so you were also able to see some of the photographs before we did, and we have still to see ALL the photos taken by the photographer. The memory stick!!??, has been delivered to us within the last week, and I shall (There's confidence) try to download them.

When we counted the cards up, we were so surprised to have received over 100 from literally, everywhere. So a very heartfelt THANKYOU to everyone!!!

We had invited 22 friends and family, so with the 80 + who came to church too!!!!!! It WAS quite a large congregation. We had expected several locals to be with us, as I mentioned last time, but it was still rather a wonderful surprise.

The meal we had late afternoon, was a special social occasion. My son Adrian and Kath's son David, gave short addresses. No embarrassing escapades were related, and it was a lovely occasion.

Bob and Pat, plus my brother in law Terry and his wife Verna, and a lady Canon, Jennifer, from Newport, had a happy time too, it was so nice to have their company and remember past times.

Instead of presents, we asked if people would like to contribute to a charity – NEUROKINEX CHARITABLE TRUST. (Part of the Christopher Reeve foundation).

Kath's daughter-in-law had run the London Marathon to raise money for a young lad (name of Jasper who has serious spinal problems) and who needed a special tricycle, to help in his mobility. He is the son of one of her work colleague's. That run raised over 1000 pounds, and the generosity of our friends of our friends and family, contributed another 525 pounds to purchase other items.

We are now getting Kath's house and garden sorted before offering it on the housing market, which will take a bit of time. The garage is now looking quite presentable. The garden does need a bit of TLC, and that is also getting into shape. It will probably be next year, and of course we have to start looking for a new pad too. Is not life just full of exciting things to do!!!!

We have had some rain too, at last, and the grass has recovered quite remarkably quickly, and with such vigour too.

Adrian retired some time ago, and recently has joined a brass band. Last year he bought a cornet, (brother of the trumpet), with lessons, he learned how to play and now is a member of the BRINDLE Brass Band. We attended the slot at the Leyland Cricket Club where they were performing, it was very well done. They were preceded by a Ukulele band. I suspect Adrian might be tempted by another musical instrument!!!! Watch this space.

Love to everyone.

Mr. and Mrs. i.e. David and Kath. (Hanks)



St. Michael



Laugh lines . . .

Inner Peace

If you can start the day without caffeine,

If you can always be cheerful, ignoring aches and pains,

If you can resist completing and boring people with your troubles,

If you can eat the same food every day and be grateful for it,

If you can understand when your loved ones are too busy to give you any time,

If you can take criticism and blame without resentment,

If you can conquer tension without medical help,

If you can relax without wine,

If you can sleep without the aid of drugs,

. . . . then you are probably the family dog.

Here for what?

A parishioner was confiding to his vicar: “When you get to my age, you spend a lot more time thinking about the hereafter.”

“That’s good,” approved the vicar, “and what do you conclude?”

“Nothing much,” went on the parishioner, “It’s just that more and more I find myself going into a room and thinking ‘now what on earth did I come in here after?’”

Hearing

A man went into a church and asked the minister to pray for his hearing. ‘Ah, certainly,’ said the minister, somewhat taken aback.

The man knelt, and the minister placed a hand carefully on each ear. In a loud voice he asked God to help the man with his hearing. ‘I hope that will help’ he shouted to the man.

‘Well, we won’t know for a while,’ the man replied softly, ‘The hearing is not until next month.’



**SUNDAY AND WEEK-DAY WORSHIP
IN THE PARISH OF ROATH**

(For Holy Day Celebrations see Weekly Newsletter)

**ST. MARGARET'S CHURCH WATERLOO
ROAD**

**Sun: 8.00 am Holy Eucharist
9.30 am Sung Eucharist
9.30 am Sunday School R.C. House
(each Sunday except 1st during school terms)
6.00 pm Sung Evensong
1st Sunday in month – Evensong/Holy Eucharist**

Wed: 9.30 am Holy Eucharist

ST. EDWARD'S CHURCH BLENHEIM ROAD

**Sun: 11.00 am Sung Eucharist & Sunday School
7.00 pm Choral Evensong
Wed: 10.15 am Holy Eucharist**

**Conventional District of Tremorfa
ST PHILIP'S COMMUNITY CHURCH
TWEEDSMUIR ROAD**

**Sun: 9.30 am Family Communion
Tues: 3.15 pm 'Messy Church' (in term-time)**

**Copy date for the next magazine (Remembrance / Advent) is
Monday 22nd October**

Please send hard-copy (typed, hand-written or cut-out) to the
Parish Office; email contributions to:

Jean Rose, jeanmargaretrose@yahoo.com

Sue Mansell, smmansell@icloud.com

or Gwynn Ellis, rgellis@ntlworld.com, (preferably using Arial
font 12)



**Articles in this magazine reflect the views of their authors,
and not necessarily those of the editors, or the official
teachings of the Church.**